

Helping children who've experienced violence to heal and thrive!

# The Alannah & Madeline Foundation helps children living with extreme trauma.

For over 25 years, the Foundation has supported children who've survived some of the worst violence imaginable. And given them the emotional and practical support they

need to heal, recover and thrive.

alannahandmadeline.org.au

## Your support today will help children recover from trauma – and thrive. Here's how:

#### Comfort for children in crisis

When a child leaves a violent home, they often leave quickly – and with nothing. The Alannah & Madeline Foundation provides Buddy Bags for those children. They're backpacks, packed with care and love. Each bag has a teddy bear to give comfort, and essentials like new toothbrush, PJs and clean underwear and socks.

#### Therapy to help children heal

Without expert support, trauma can impact every part of a child's life. The Children Ahead program provides intensive, one-on-one therapy to children who've experienced violence. It gives them the help they need to process what they've been through, and leave their trauma behind.

The Alannah & Madeline Foundation also offers online safety workshops and supports educators working with children impacted by trauma.

### Thank you for your support!

Find out more at alannahandmadeline.org.au